

## Update & Review of Systems

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Today's Date \_\_\_\_\_  
 First day of last menstrual period \_\_\_\_\_ Primary Care Provider \_\_\_\_\_  
 Do you want a nurse present during your exam today?    Yes    No

**In the past 2 weeks, have you had any of the following for more days than not? (please circle)**

- |                                   |                                      |
|-----------------------------------|--------------------------------------|
| Fatigue                           | Nausea                               |
| Weight loss                       | Vomiting                             |
| Weight gain                       | Diarrhea                             |
| Night sweats                      | Constipation                         |
| Headache                          | Blood in stools                      |
| Breast lumps                      | Urinary urgency (sudden need to go)  |
| Breast pain                       | Urinary frequency (going more often) |
| Nipple discharge                  | Painful urination                    |
| Chest pain                        | Urinating frequently at night        |
| Irregular heart beats             | Blood in urine                       |
| Shortness of breath               | Loss of bladder control              |
| Cough                             | Painful intercourse                  |
| Changes to existing moles or skin | Vaginal discharge                    |
| Heat intolerance                  | Anxiety                              |
| Cold intolerance                  | Depression                           |
|                                   | Difficulty sleeping                  |

**Drug Allergies & Reactions** \_\_\_\_\_

Do you wear your seatbelt? \_\_\_\_\_ Sunscreen? \_\_\_\_\_ Smoke detectors at home? \_\_\_\_\_  
 Do you exercise? \_\_\_\_\_, what exercise do you do? \_\_\_\_\_  
 Do you feel safe at home & in your relationships? \_\_\_\_\_ Do you do breast exams? \_\_\_\_\_

**\*Preferred Pharmacy** Name, location, phone number \_\_\_\_\_

**Medications** *include vitamins, over-the-counter meds, herbal supplements, troches, etc*

Name	Dose	Reason	Prescriber?

Patient Signature \_\_\_\_\_